

Setting Fear in Order - Resources

A friendly exhortation: this teaching and prayer is not a substitute for participation in your local church. Please don't let this video or any of the other Christian media that's currently on offer turn you into an isolated consumer. Active engagement with your local church body is essential — you need your church, and your church needs you.



Resources for digging deeper:

Leanne Payne, *Restoring the Christian Soul Through Healing Prayer*, chapter 1 on self-acceptance.

An MPC lecture and prayer on sense of being and well-being can be downloaded [here](#).

Josef Pieper: *On Hope*, chapter 5, "The Gift of Fear;" the section on fortitude in *The Four Cardinal Virtues*.

An MPC lecture on seeing God rightly, and prayer for healing of fears can be downloaded [here](#).

This Godly Play [Parable](#) of the Good Shepherd sneaks past the watchful dragons of the rational mind and impresses the heart with the reality of our Lord's faithfulness in places of danger.